

**Activities:**

**January**

- Peer Support Meeting – ‘GP Online’ presentation
  - Update on Learning disability respite changes
  - Update on NHS Patient Leader Training
  - Shared Kings Fund NHS Video – ‘How the NHS works in England’
  - Shared Woodbridge practice PPG newsletter and ‘costs to NHS’ grid
- Stay Well This Winter Campaign supported
- CCG Governing Body Patient Story – Hartlepool Blind Welfare
- Havelock Grange, One Life PPG – CHA Presentation (JG)
- Healthwatch Stockton Oral Health Survey Distributed
- Health Initiatives Leaflets promoted
- Began promotion of CASPeR (Patient Referral Scheme for GP’s)
- Began promotion of NHS Child Health App with cards/leaflets

**February**

- Stockton Coffee Morning – Christians Against Poverty
- North of Tees Dementia Collaborative Celebration Event
- Supported pharmacy prescription consultation
- Promoted March ‘Living With & Beyond Cancer’ event.
- Update on mapping of PPG’s across area.
- Promoted Healthwatch Hartlepool/Hartlepool Carers Focus Groups

**March**

- CCG Governing Body Patient Story – Epilepsy Outlook
- Stockton Coffee Morning – Dementia Research/Thornaby Dementia Hub
- Hartlepool Coffee Morning – Homegroup House
- Promoted IAPT Mental Health Service Review Consultation
- Updated CHA leaflets, business cards etc.
- Began plans for Patient Participation Week/Health Info Week

**April**

- Peer Support Meeting – IAPT Mental Health Services Engagement & Stockton Health & Wellbeing Strategy
  - Promoted Personal Health Budgets survey, Dying Matters Week, My NHS, Audiology Service Review Engagement
  - Update on PALS/Patient experience team, CHA individual feedback, Dementia Week events, Volunteers Week events, and Teeswide Mental Health Focus Group (MVDA)
- Update on new ‘Living With & Beyond Cancer’ Project

**May**

- CCG Governing Body Patient Story – Dementia Collaborative
- Hartlepool Coffee Morning – Families First North East
- Stockton coffee morning – Groundwork NE & Cumbria
- IAPT Mental Health engagement – results report and thank you letter shared
- Hartlepool Historic Quay event and CHA project promoted
- Update on new deaf translation service provider and online BSL Mental Health service ‘Sign Minds’

**June**

- Hartlepool Coffee Morning – The Bridge, Dementia Collaborative
- Stockton Coffee Morning – Arrival Practice
- Stockton Volunteers Event
- Carers Week event
- Patient Participant Week event – 70 attendees
- Promoted upcoming NHS 70<sup>th</sup> birthday events, Health Info Week & Patient Participation Week

## **July**

- Peer Support Meeting – Service Review, Integrated Intermediate Health & Social Care Service transformation project - Update
  - eConsult update and continued promotion of previous campaigns
  - 'Home Safe Sooner' update, CCG Outstanding rating,
- 'Health Information Week' Event– VCSE 'Health Marketplace', 25 stalls and CCG AGM.Promoted upcoming Health & Wellbeing Forum – Mental Health
- Promoted Healthwatch Annual Reports
- Update on August community event CHA stalls

## **August**

- Supported applications/references for CHA Patient Leader Training
- 3 CHA's involved with integrated intermediate care health and social care service process mapping and service critiques over a number of weeks

## **September**

- Hartlepool Coffee Morning – Health Connector Service
- Stockton coffee mornings – SNAPS
- CCG Governing Body Patient Story – Trans Aware
- Submitted NHS England Grant Bid – Showcasing Good Practice in Patient Involvement
- Promoted Healthwatch Care Homes Survey
- Shared guidance on Universal Credit

## **October**

- Peer Support Meeting – Personal Health Budgets Overview plus Q + A
  - continued promotion of previous campaigns
  - Update on Winter Campaign, Birchtree practice closure, CCG restructure, GP Text Services.
  - Planned December end of year event
  - Update on Intermediate Social Care review
- Successfully awarded NHS England Grant Bid – Showcasing Good Practice in Patient Involvement
- World Mental Health Day Promoted
- Begin Stay Well This Winter Campaigns

## **November**

- CCG Governing Body Patient Story – SNAPS, Learning & Physical Disabilities
- Catalyst Conference Stall
- One CHA involved in the design phase of the integrated intermediate care health and social care services transformation programme

## **December**

- End of year reflection/awareness event and shared plans for NHS England grant.
- Rough plan for 2019 activities.

**OTHER NOTES:**

- New Community Health Ambassadors joined the team.
- Received interest from DDES CCG/ Easington PRG, South Tees CCG and Brighton/Hove CCG cluster.
- Supported volunteers to access Healthwatch training/volunteering roles.